



In Season

Veggies

Acorn Squash
Avocados
Asparagus
Beets
Bok Choy
Broccoli
Brussels Sprouts
Butternut Squash
Cabbage
Carrots
Cauliflower
Collard Greens
Celery
Delicata Squash
Greens
Kale
Leeks
Mushrooms
Parsnips
Potatoes
Rutabagas

February

Spaghetti Squash
Spinach
Shallots
Sweet Onions
Turnips
Winter Squashes

Fruits

Apples	Lemons
Bananas	Limes
Blood Oranges	Mandarins
Citrus	Tangerines
Grapefruit	Navel Oranges
Kiwi	Pears
Kumquats	